

| Position | Time | Race Number | Name | Category | Club |
|----------|--------|-------------|--------------------|----------|---------------------|
| 1 | 52:29 | 16 | Brian Cruickshank | MV | Fife AC |
| 2 | 52:29 | 17 | David Burgess | M | Anster Haddies |
| 3 | 55:20 | 15 | Bill Smith | MV | Fife AC |
| 4 | 55:31 | 25 | Phil Tippiny | MV | Strathearn Harriers |
| 5 | 55:35 | 9 | Beryl Junnier | EFV | Wee County Harriers |
| 6 | 57:24 | 11 | Graeme Wilson | MV | Wee County Harriers |
| 7 | 58:44 | 10 | Sid Pask | EMV | Wee County Harriers |
| 8 | 59:36 | 14 | Gordon McPherson | EMV | Wee County Harriers |
| 9 | 59:44 | 28 | Martin Purvis | M | Unattached |
| 10 | 60:43 | 5 | Gordon Nellies | EMV | Unattached |
| 11 | 60:54 | 3 | Angela MacKenzie | F | Strathearn Harriers |
| 12 | 62:22 | 29 | Tony Wayte | EMV | Strathearn Harriers |
| 13 | 63:24 | 19 | Alan Laing | MV | Unattached |
| 14 | 64:14 | 23 | David Bunyan | EMV | Falkirk Vics |
| 15 | 64:24 | 31 | James Bussey | MV | Strathearn Harriers |
| 16 | 64:41 | 8 | John Davidson | EMV | Unattached |
| 17 | 64:52 | 1 | Fred McCain | EMV | Strathearn Harriers |
| 18 | 65:53 | 6 | Nicola Watson | FV | Unattached |
| 19 | 65:53 | 7 | Kerry Sweeney | FV | Strathearn Harriers |
| 20 | 67:21 | 33 | Gordon Somerville | EMV | Carnegie Harriers |
| 21 | 68:06 | 21 | Graham Martin | MV | Strathearn Harriers |
| 22 | 68:49 | 2 | Alastair Nichol | M | Strathearn Harriers |
| 23 | 69:38 | 20 | Liz Mestecky | FV | Strathearn Harriers |
| 24 | 70:42 | 26 | Peter Gaylor | M | Strathearn Harriers |
| 25 | 70:50 | 13 | Trevor Andrews | EMV | Wee County Harriers |
| 26 | 72:09 | 4 | John Lewis | EMV | Unattached |
| 27 | 73:10 | 32 | Heico Kerkmaester | MV | PAC Rotterdam |
| 28 | 73:30 | 24 | Liz Tipping | FV | Unattached |
| 29 | 73:53 | 30 | Colin Tipping | EMV | Strathearn Harriers |
| 30 | 74:46 | 12 | Caroline MacKay | EFV | Unattached |
| 31 | 74:46 | 22 | Shelagh Wake | EFV | Strathearn Harriers |
| 32 | 78:03 | 18 | Jayne Martin | FV | Strathearn Harriers |
| 33 | 124:00 | 27 | Graeme Cruickshank | EMV | Unattached |